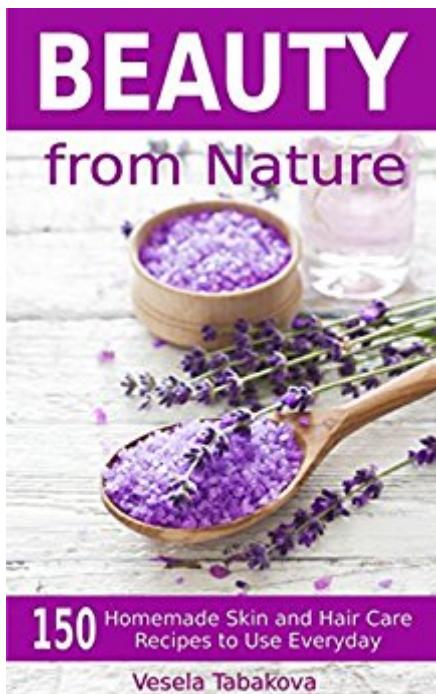


The book was found

Beauty From Nature: 150 Simple Homemade Skin And Hair Care Recipes To Use Everyday: Organic Beauty On A Budget (Herbal And Natural Remedies For Healthy Skin Care Book 3)



Synopsis

Best Kept Secrets for Beautiful Hair and Radiant Skin! Learn insider secrets for making your own organic and natural skincare, hair care, and spa products. This book contains 150 easy to follow skin and hair care recipes based on traditional beauty wisdom, as well as almost all the herbal remedies, treatments and centuries-old tips that can help you create your own face and body scrubs, lotions, cleansers, toners, masks, hair shampoos and treatments. All recipes can be prepared easily at home using only natural, easily available ingredients. All skin and hair products featured in this book are fantastic alternatives to commercial cosmetic products and have the very important advantage of being both completely natural and providing excellent results.

Book Information

File Size: 1186 KB

Print Length: 100 pages

Page Numbers Source ISBN: 1520548036

Publisher: Fuss-free Beauty and Skin Care Books Best Sellers Download with Kindle Unlimited (October 23, 2016)

Publication Date: October 23, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01M8MB89C

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #82,895 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #11 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Massage #33 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Reference #74 in Books > Health, Fitness & Dieting > Alternative Medicine > Massage

Customer Reviews

If you need to see what works for your skin and hair, it is best to test various things. This book has a huge collection of different recipes and practical information. I love finding healthy, fun ways to care

for my skin, and at the same time keep more money in my pocket. Very, very affordable skin and hair care without the extra chemicals.

This is a great book of recipes to have. The only reason I gave 4 stars instead of 5 is because I would have liked for the author to explain why certain ingredients were chosen for each recipe. For instance, is this face mask for someone with oily skin, or is that body scrub good for aging skin, etc. This book is better suited for someone who is already knowledgeable of the benefits of certain herbs or someone like me who has a few books on herbs to refer to. But overall, this is a good collection of recipes to have on hand.

Haven't used it yet with the holidays but looking forward to getting into it

This book is very informative and I have enjoyed it thoroughly.

this e-book was ok

Great book. Great recipes. Glad I added it to my collection. :)

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Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) Organic Homemade Lotion Recipes - For All Skin Types (The Best Lotion DIY Recipes): Lotion Making For Beginners (organic lawn care manual, organic skin care, beauty and the beast) Hair Loss Explained - Natural Solutions for Hair Loss and Premature Balding: (Natural Hair Care, Hair Loss, Scalp Treatments, Balding, Cure, Going Bald, Remedies) Body Scrubs: 30 Organic Homemade Body And Face Scrubs, The Best All-Natural Recipes For Soft, Radiant And Youthful Skin (Organic Body Care Recipes, Homemade Beauty Products, Bath Teas Book 1) 100 Tips For Hair Loss: How to Deal With Hair Loss and Assist Your Hair Growth (hair loss, hair growth, alopecia, grow hair, baldness, balding) Essential Oils Beauty Secrets Reloaded: How To Make Beauty Products At Home for Skin, Hair & Body Care: A Step by Step Guide & 70 Simple Recipes for Any Skin Type and Hair Type Homemade Shampoo: Beginner's Guide To Natural DIY Shampoos - Includes 34 Organic Shampoo Recipes! (Natural Hair Care, Essential Oils, DIY Recipes, Promote ... Masks, Aromatherapy, Hair loss treatment) Hair Loss: How it Happens and How to Fix It (Hair Loss, beauty and fashion, hair, loss, aging parents, hair growth, healthy hair) Herbal Recipe Remedies: 30 Herbal Remedies That Work! (Herbal Recipes Private Collection Book 1) The Men's Hair Book: A Male's Guide To Hair Care, Hair Styles, Hair Grooming, Hair Products and Rocking It All Without The Baloney Homemade Organic Skin & Body Care: Easy DIY Recipes and Natural Beauty Tips for Glowing Skin (Body Butters, Essential Oils, Natural Makeup, Masks, Lotions, Body Scrubs & More - 100% Cruelty Free) Herbal Medicine Natural Remedies: 150 Herbal Remedies to Heal Common Ailments

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